

Memorandum of Understanding

Between Acharya Girish Chandra Bose College

AND

Belgachia Onkur Foundation For Better Living

For conducting individual session/ group session/ workshop for the project 'Hope Peace and Beyond...' for Better Living at Acharya Girish Chandra Bose College, Kolkata

1. MoU between

(1) Belgachia Onkur Foundation for Better Living, 64/52A, Kshudiram Bose Sarani, 2nd Floor, Kolkata 700037

And

(2) Acharya Girish Chandra Bose College, 35 Rajkumar Chakraborty Sarani (Scott Lane), Kolkata 700009

2. Subject of MoU

- Conducting individual session/ group session/ workshop for the project '**Hope, Peace and Beyond....**'

3. Work Plan Summary for the project: 'Hope Peace and Beyond....'

Belgachia Onkur Foundation for Better Living will be glad to conduct mental health awareness programmes, life skills training and stress management sessions for Students as well as sessions to deal with / facilitate overall wellbeing for teaching and non-teaching staff of Acharya Girish Chandra Bose College from 4th January, 2023.

The above session will be held every month barring the months in which the students shall have University examinations. The resource persons of Belgachia Onkur Foundation for Better Living will conduct two-hour sessions in the Acharya Girish Chandra Bose College premises. Monthly individual sessions will be followed by a monthly group awareness session, and separate group sessions will be organized for students as well as teaching and non-teaching staff as and when feasible. At the end of the semester, a workshop-cum-exhibition will be organized at the Acharya Girish Chandra Bose College premises as an open program to reach to as many people as possible under the purview of mental health related awareness activities.

The honorarium for counseling sessions in the college will be paid through A/C cheque in favour of Belgachhia Onkur foundation.

5. Expected outcome

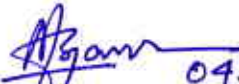
- 1) To generate awareness regarding mental health
- 2) To address myths and misconception about mental health and ill health
- 3) To develop coping skills for stress and anger management issues
- 4) To facilitate a meaningful sense of self and holistic well-being


6. Duration of this MoU


January, 2023 to January, 2025.

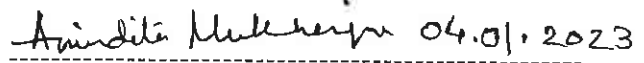
The contract is renewable in consent of both the parties, if deemed necessary for the best interest of the students.

Above mentioned terms and conditions are read and signed by



04.01.23
Dr. Asit Kumar Sarkar, Principal
Principal
AGC Bose College
Kolkata-700 009
Acharya Girish Chandra Bose College,
35, Rajkumar Chakraborty Sarani,
Kolkata 700009



04/01/2023
Kasturi Mukherjee, Secretary
Secretary
BELGACHIA ONKUR FOUNDATION
For Better Living
Belgachia Onkur Foundation For Better Living,
64/52A, Kshudiram Bose Sarani, 2nd Floor,
Kolkata 700037


04.01.23
IQAC Coordinator
Acharya Girish Chandra Bose College.
Co-Ordinator, IQAC
A G C Bose College
Kolkata-700009


04.01.2023
(Smt. Anindita Mukherjee)
Vice President
Belgachia Onkur Foundation




04.01.2023
Jt. Conveners,
Wellness and Compartment Monitoring Cell
Acharya Girish Chandra Bose College.


04.01.2023
(Smt. Samarpita Kar)
Assistant Secretary
Belgachia Onkur Foundation

